



GATEWAY
ACUPUNCTURE & WELLNESS

Daoist Alchemy

Presentation by **Diego Garcia, LAc**



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August | 2023



Alchemy



Gateway Acupuncture & Wellness

Overview

- ✦ Your Sherpa
- ✦ Daoist Theory
- ✦ Yin & Yang
- ✦ 5 Elements
- ✦ 9 Palaces
- ✦ 9 Stages of Alchemy
- ✦ 13 Ghost Points
- ✦ 9 Heart Pains
- ✦ Closing

Your Sherpa

Understand.
Transform.
Let Go.

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Theory

Feminine, Collapse,
Heavy, Dark, Cold, Wet,
Anabolic, Order,
Negative, etc.

Yin

Yang
Masculine,
Expansion, Light,
Bright, Hot, Dry,
Catabolic,
Disorder, Positive,
etc.

5 Elements

Stack Up
Element +/-
1st 75/25
2nd 50/50
3rd 25/75

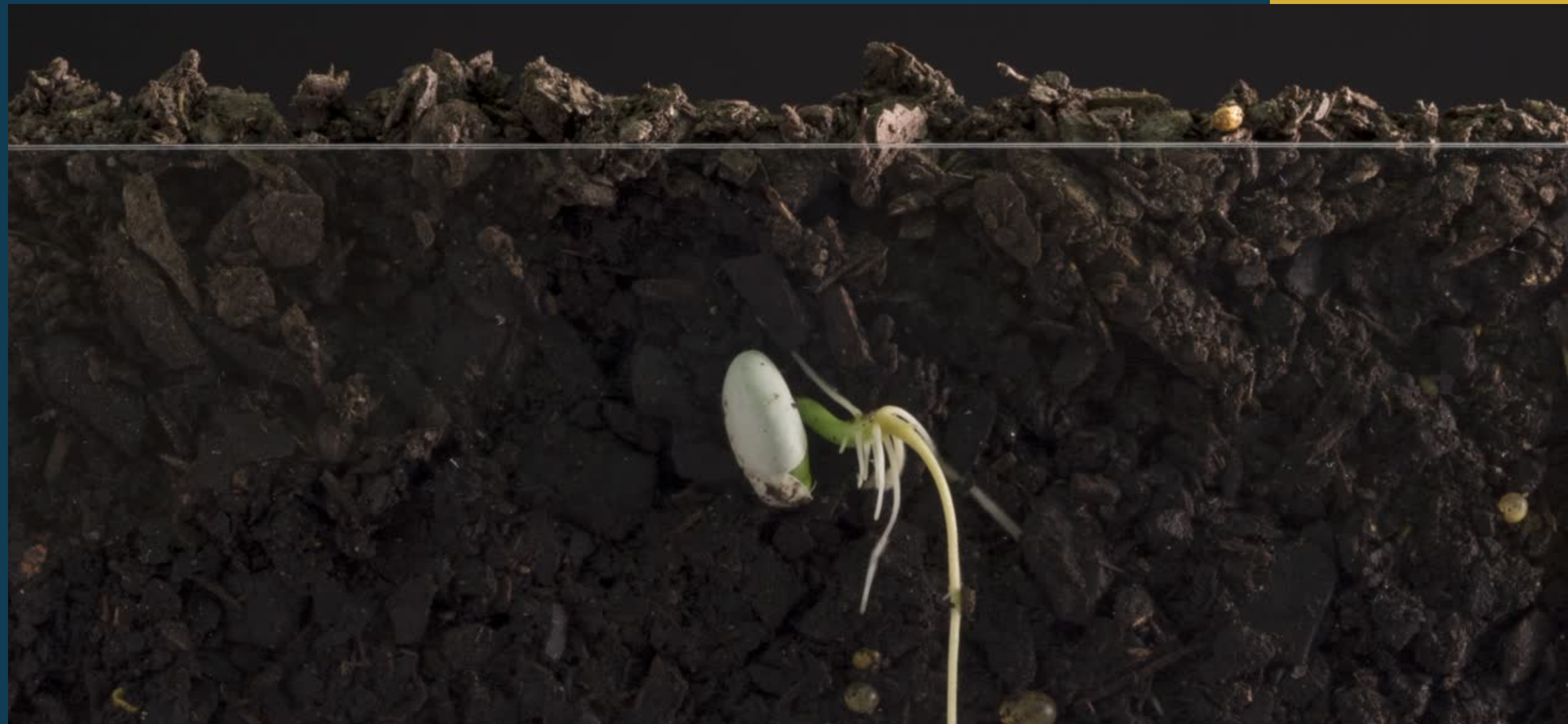


5 Elements

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Wood



5 Elements

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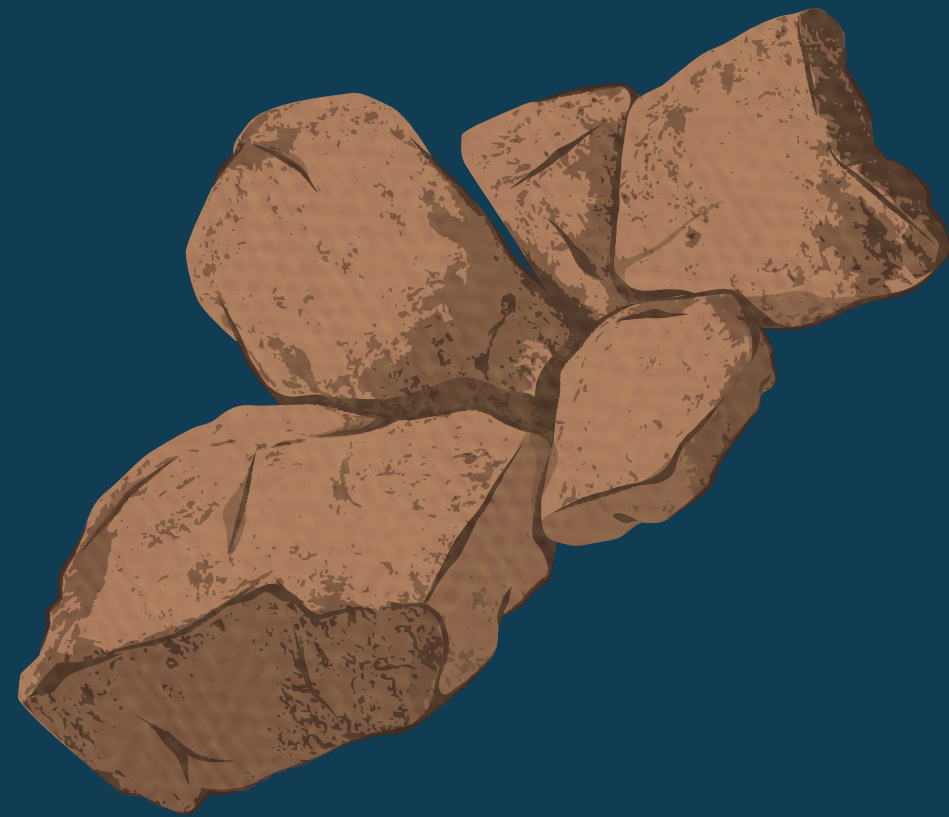


Fire



5 Elements

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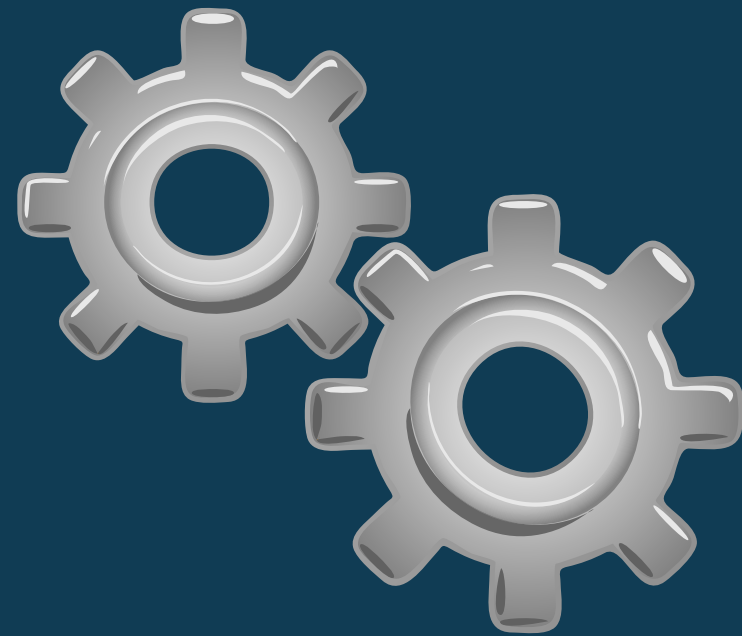


Earth

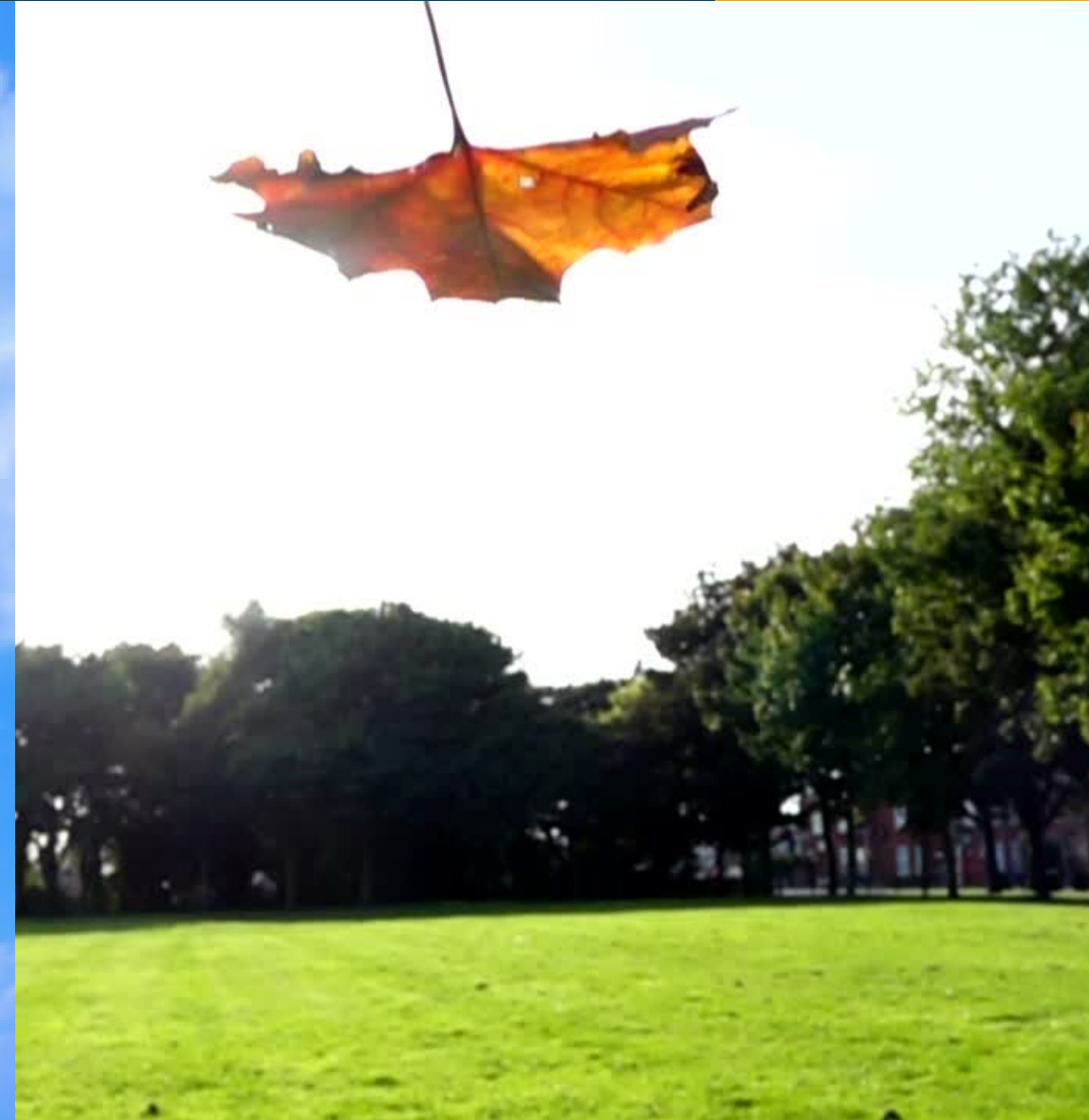


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5 Elements



Metal



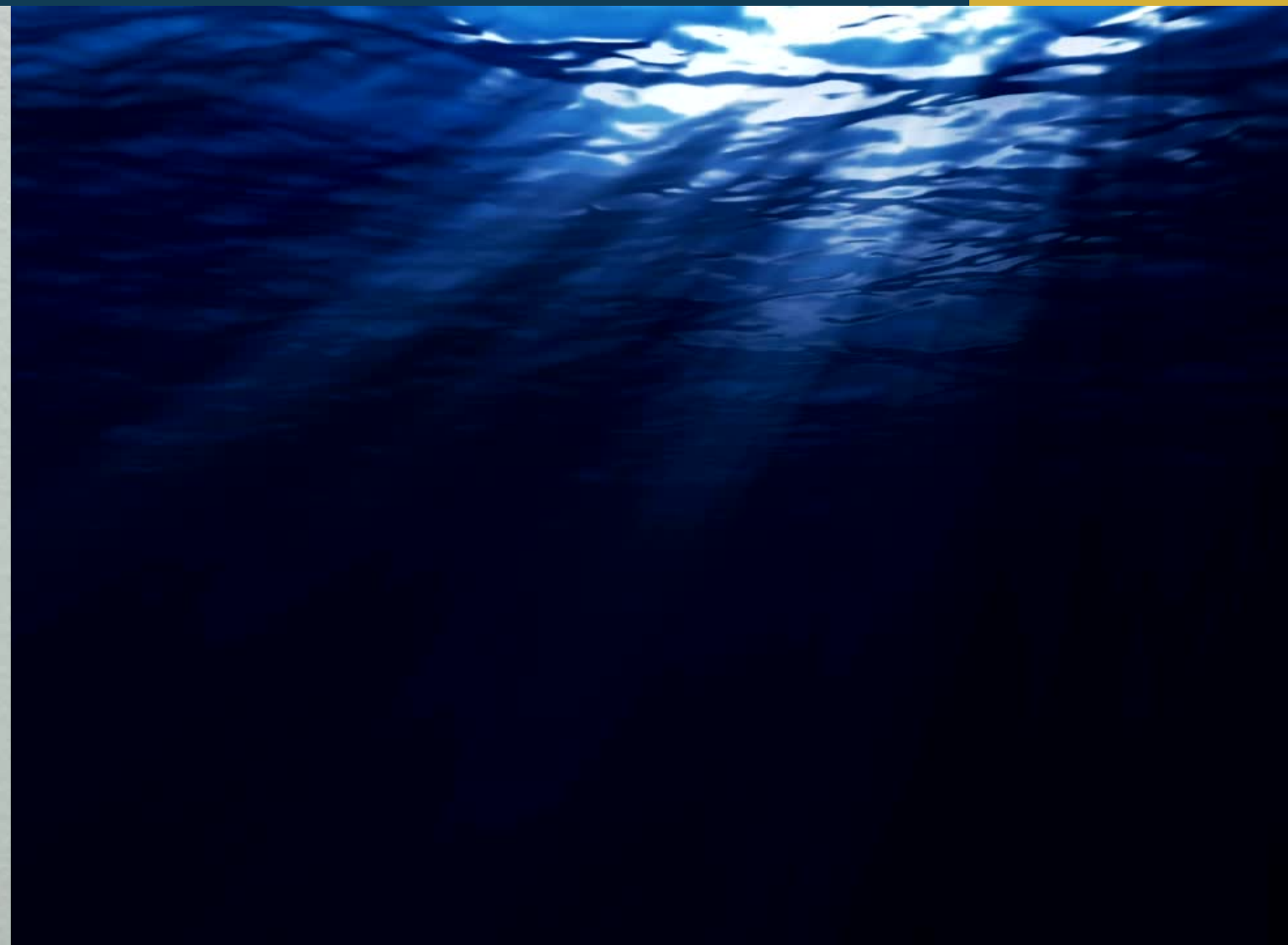
5 Elements

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Water

POWER



5 Elements Games

Who has theirs figured out?

Reading Excerpt:

Guess the music:



The 9 Palaces

Prosperity
Relationships

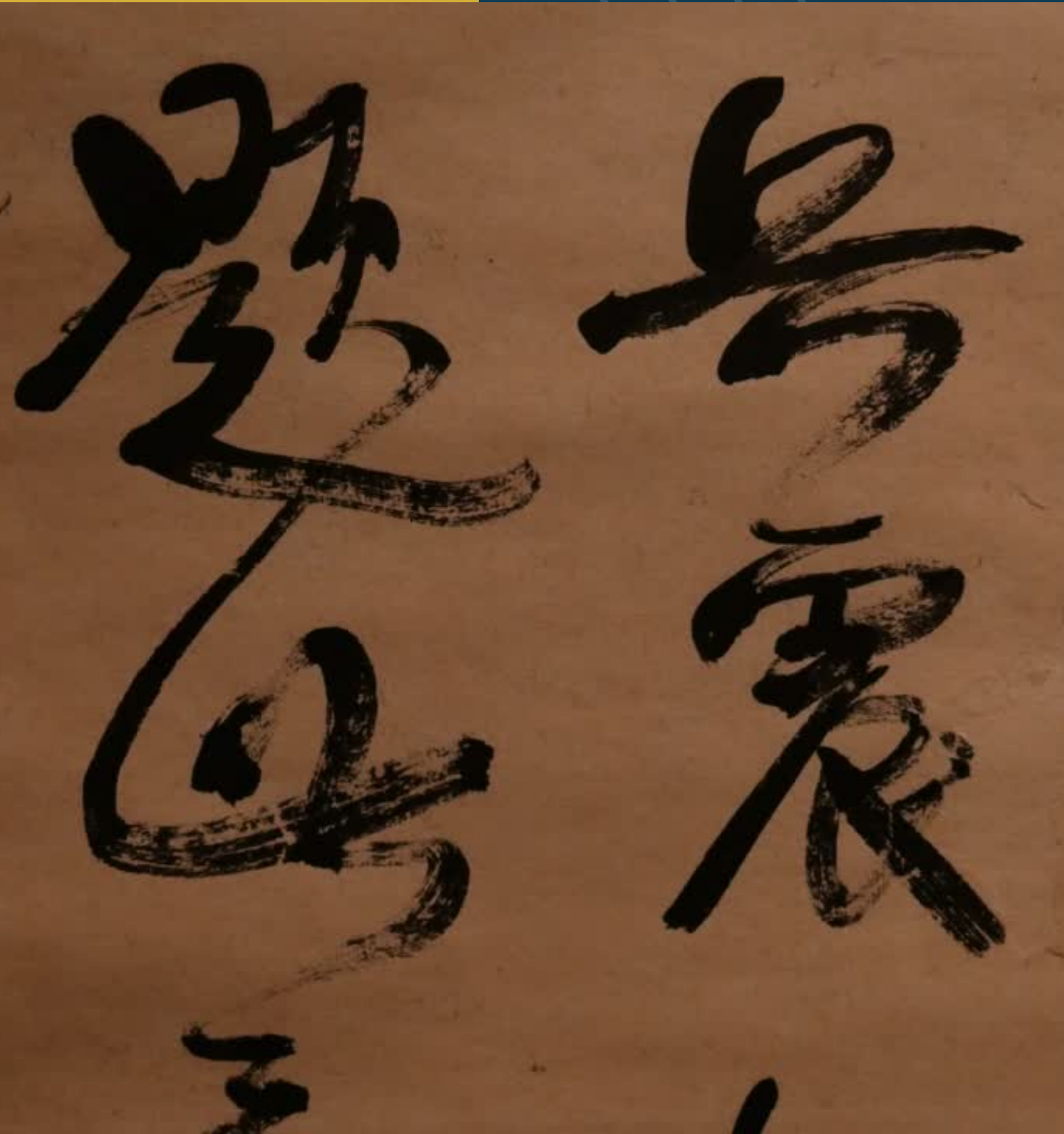
Health
Wealth

Home

Legacy
Travel

Career
Wisdom



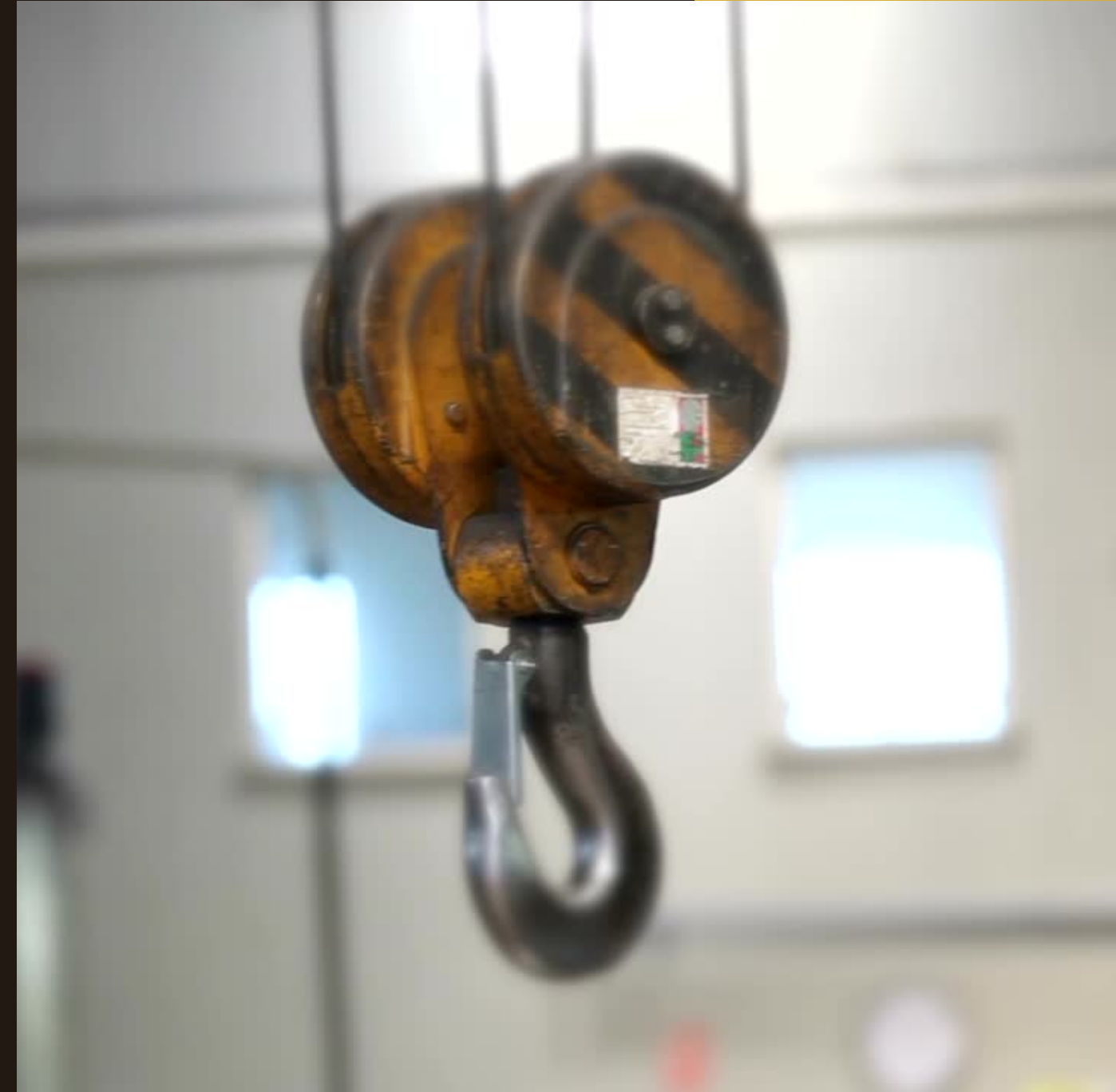


Ling Shu Tx

- ✦ **Divine DJ**
- ✦ **Vibrational Acupressure**
- ✦ **13 Ghost Points**
- ✦ **9 Heart Pains**
- ✦ **9 Stages of Alchemy**

13 Ghost Points

Unhook Yourself



Ghost Market

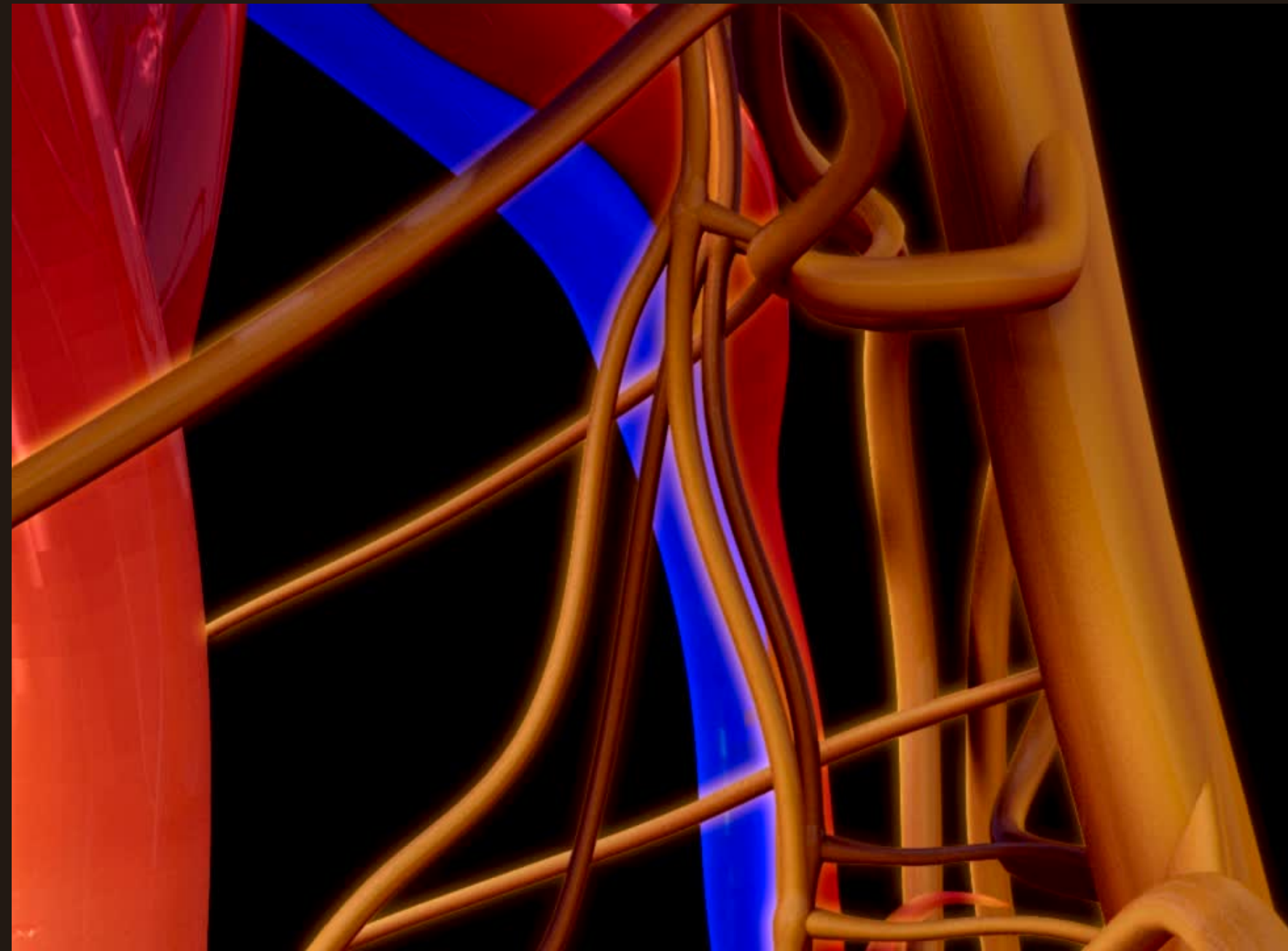
**How do you speak about
your Gifts to the World?**



The 9 Heart Pains

**Do you feel safe enough
to embrace the power in
your vulnerability?**

"If you can't love yourself, how
the hell you gonna love
somebody else?" -Rupaul



Stage 1 of alchemy

**Commune
With Your
Higer Self**

What Does

Your Heart Want?

Release

Rebellious Qi

**Enter The
Mystery Gate**

**Align With
Your Heart**



Shout Outs



Leta & Jaye

Ricky Metcalfe

Patients & Teachers: Past, Present, & Future

Rebecka & Warren, The Divine Bubble

Gateway Acupuncture & Wellness

Resources

My Clinic:

Gateway Acupuncture & Wellness

www.gatewayacu.com

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My Teachers

www.alchemyhealingcenter.com

www.inspiredactionpodcast.com

The Divine Bubble

www.thedivinebubble.com



Thank You!

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